

# Mental Health Promotion and Suicide Prevention Workgroup

## State Prevention Enhancement (SPE) Policy Consortium

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Workgroup Lead

For Awareness: This presentation discusses suicide.  
Please call 988 if you or a loved one is considering self harm.

Young Adults  
Workgroup

Opioid  
Prevention

Mental Health  
Promotion

Washington  
Healthy Youth  
Coalition

Washington  
Breathes

Problem  
Gambling

SPE Consortium

## Mental Health Promotion and Suicide Prevention Workgroup

**Workgroup Team:** Statewide workgroup involving state and local organizations to focus on mental health promotion, suicide prevention strategies to implement SPE strategies.

**Cross-systems Planning/Collaboration:** Continue the statewide workgroup that includes the Action Alliance for Suicide Prevention and other statewide advocacy groups to work towards implementing SPE strategies.

**Cross-systems Planning/Collaboration:** Continue to identify and review measures of Mental Health in Washington communities other than the absence of disorders.

**Cross-systems Planning/Collaboration:** Work with DOH and DBHR to cultivate additional, strategic Mental Health Promotion/Suicide Prevention funding opportunities.

**Information Dissemination/Public Awareness:** Collect data and resources to provide to communities including 1) Prevention and intervention material to reduce potential for youth suicide and mental health and 2) Response (Post-intervention) to communities experiencing crisis of multiple suicides/contagion.

**Education/Workforce development:** Enhance coordination, planning, and activities between multiple child serving and intervention agencies and groups addressing suicide prevention.

**Education/Workforce development:** Support training to enhance workforce knowledge of Youth Mental Health First Aid response in high-need communities.

# Membership

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Joe Neigel -  
Monroe SD

Suzanne Pak -  
Answers  
Counseling

Julie Schiller - Mt  
Adams School  
District

Erin Williams -  
United General in  
Skagit CO

Lisa Moulds -  
Whatcom Family  
and Community  
Network

Julie Rickard -  
WSU

Emily Contreras-  
ESD 105

Jessica Molina –  
Grays Harbor  
County Public  
Health

Cierra Ozolin –  
Multicultural and  
Family Hope  
Center

Renee Tinder-  
DOH

Kate Cross – DOH

Jarrett Brunny –  
DOH

Christian Stark –  
OSPI

Monserrat Jauregui  
– ATG

Brian Miller– HCA

Stacey Okland –  
HCA

Mollie Mustoe –  
HCA

Billy Reamer - HCA

# Two Years of Growth: A Celebration of Partnership

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2024

## ▶ Expanded membership

- ▶ Include Community Based Organization that received MHPP from the 2023-2025 funding Cycle

## ▶ Interagency Collaboration

- ▶ Reviewed and Feedback on [WA State Suicide Prevention Plan 2025 Strategic Directions, Goals and Objectives](#).

## ▶ Mental Health Integration Efforts

- ▶ Prevention Team is working to integrate mental health prevention efforts within the larger prevention system.

# Two Years of Growth: A Celebration of Partnership

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2025

## ▶ Expanded membership to include DOH

- ▶ Renee Tinder, Kate Cross, and Jarrett Brunny (newest member) joined the group to provide the DOH perspective.

## ▶ Trainings and Presentations

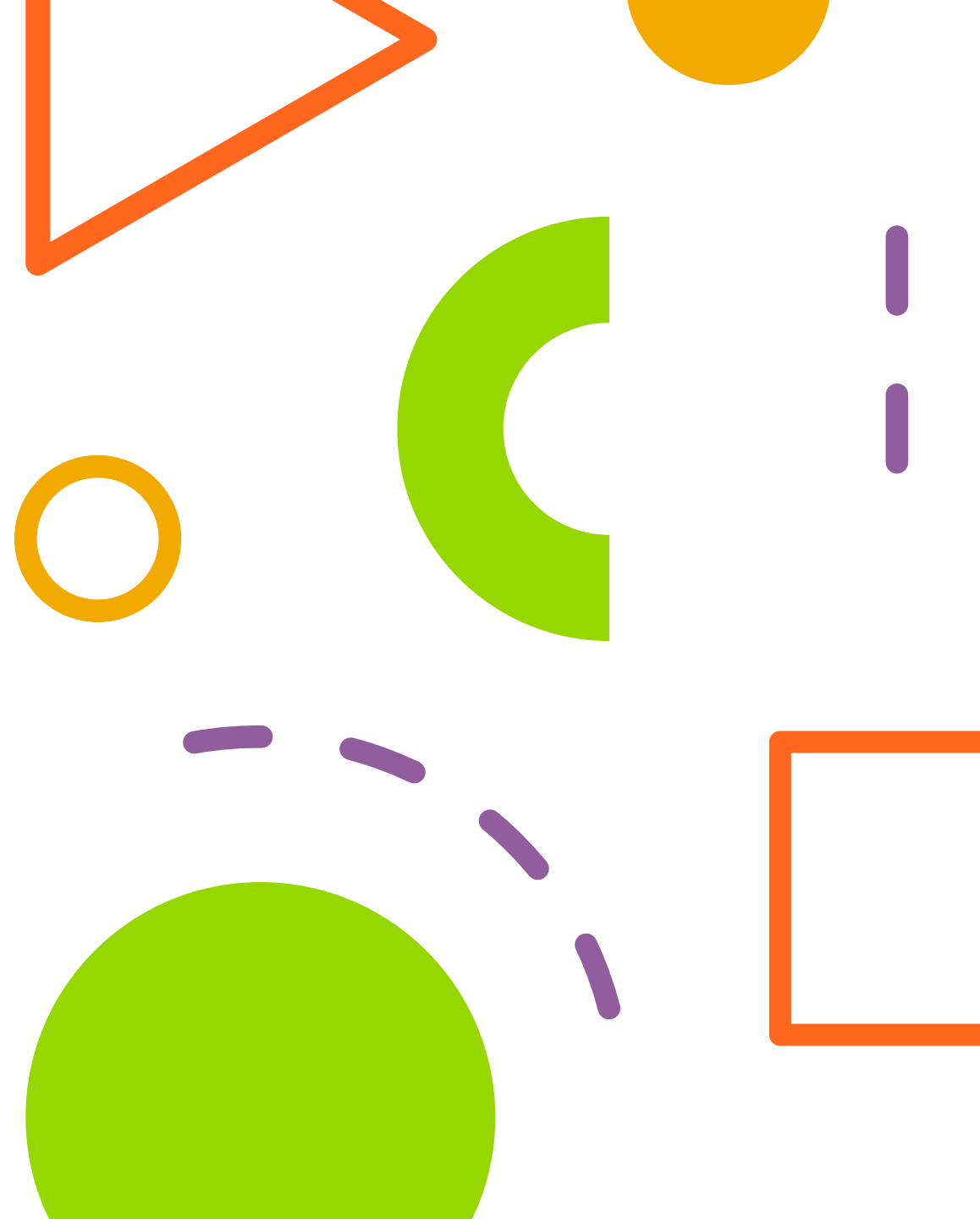
- ▶ Seattle's Children Hospital- Firearm Safe Firearm Storage Program
- ▶ University of Washington – Check In With Yourself/Contectate Contigo
- ▶ Monroe Coalition- Fortaleza Mental (December Meeting)

## ▶ Suicide Prevention Resources

- ▶ In recognition of Suicide Prevention Month, the MHP Workgroup worked to put together WA specific mental health [resources to share.](#)

# Future Work

- ▶ Legislative Session 2026
- ▶ Continue to bring expertise to the group for presentations and information sharing.
- ▶ Invite new incoming MHPP providers to attend meetings
- ▶ Update Suicide Care Pathway



# SFY 26-27 Funded Communities

Applicant Name	County	Programs
Multicultural Child and Family Hope Center	Pierce	Triple P / CAST
Family Education and Support Services	Lewis, Mason, Pacific, Grays Harbor, Thurston	QPR
*Monroe School District #103	Snohomish	SoS / Innovative: DBT Skills in School (DBT STEPS-A)
Mount Adams School District	Yakima	QPR / Primary Project / tMHFA
Washington State University	Chelan, Douglas, Island, Kitsap, Mason, Snohomish, Spokane, Whitman	QPR
Whatcom Family & Community Network (WFCN)	Whatcom	MAD HOPE
Neighborhood House	King	SoS
Skagit County Public Hospital Disct No. 304	Skagit	SoS / Find What Moves You
*Washington State Boys & Girls Clubs Association	Benton, Franklin, King, Okanogan, Skagit, Thurston	Second Step
Okanogan County Community Coalition	Okanogan	CAST / New Beginning for Children of Divorce
Grays Harbor County	Grays Harbor	QPR
*Arlington School District	Snohomish	CAST

<https://theathenaforum.org/cbo>



# Questions?